

## VNPA COVID-19 BWAG activity Protocols

### PARTICIPANT check list



Check list to be completed by all staff, volunteers, leaders and participants on BWAG activities.

#### BWAG ACTIVITY:

Activity:	
Date/s and time:	
Location/s:	

#### PARTICIPANT DETAILS:

Full name:	
Names of any dependants	
Contact number:	
Contact email:	

- I have not travelled internationally in the past 14 days or currently live with someone who has.
- To my knowledge, I have not been in contact with any person who is a confirmed COVID-19 case in the past 14 days
- I do not have any symptoms of COVID-19 including fever, sore throat, dry cough, shortness of breath or digestive issues

I confirm that the above statements are all true and correct.

Yes  No *If you are not willing, you cannot participate in activity.*

#### SOCIAL DISTANCING AND HYGIENE GUIDELINES:

- No sharing of personal equipment (drink bottle, clothing, food, sunglasses etc)
- No sharing equipment (pen, clipboard, GPS, cameras etc).
- Hand sanitise regularly
- Cough or sneeze into elbow and clean with sanitiser
- Have your own hand sanitiser, drink bottle and food.
- Have a face mask and use if they wish or if required by law or leader. Follow all Victorian government guidelines: <https://www.dhhs.vic.gov.au/face-masks-vic-covid-19> This includes carrying a face mask, wearing a mask while in shopping centres. Masks are still recommended in situations where maintaining a distance of 1.5m is impossible. Face masks should also be worn at the beginning of activities during pre-walk/activity discussions. Face masks should be well fitted and cover the nose and mouth.
- Avoid physical contact with any other person or anything they have touched unless from the same household
- Maintain a physical distance of 1.5 metre minimum unless from the same household

**Are you willing to make all efforts to implement social distancing and hygiene precautions listed above?**

Yes  No *If you are not willing, you cannot participate in activity.*

*Please turn over/see next page*

## Disclaimer

Outdoor activities are fun and rewarding but there are risks. While incidents are rare, the great outdoors can throw up challenges. All participants of a Victorian National Parks Association (VNPA) activity do so at their own risk in all respects and as such accept full responsibility for themselves and any children in their care. The Association, its office bearers, organisers, leaders and helpers are absolved from any liability in respect of any injury, loss or damage suffered by the participant while engaged in any VNPA activity to the extent permitted by law. If an incident occurs, you should inform the activity leader and the VNPA office. Every person participating in a VNPA activity does so at his or her own risk in all respects and as such accepts full responsibility for his/her safety.

Please note that if you have concerns for your safety or the safety of others on this activity, please notify your activity leader. Alternatively you can notify the VNPA office on [vnpa@vnpa.org.au](mailto:vnpa@vnpa.org.au)

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**Signature:** \_\_\_\_\_