

# VNPA BWAG COVID Safe Protocols



## Required information to be provided to participants

The text below **MUST** be sent to participants on BWAG activities with the usual trip notes. You can copy and paste it in to your usual trip notes.

IN ORDER TO MEET OUR **VNPA BWAG COVID SAFE PROTOCOLS**, PLEASE NOTE THE FOLLOWING

1. If you are in a high-risk category consider carefully if you wish to be exposed to infection risks from others, even outdoors, and with special measures in place.
2. Stay at home if you are showing any symptoms of COVID-19 OR you have had contact with someone confirmed to be infected with COVID-19 OR if you or someone you have been in close contact with has been overseas in the 14 days prior to the activity
3. Avoid physical contact with any other person or anything they have touched, unless from the same household.
4. Participants to maintain a physical distance of 1.5 metre minimum unless from the same household
5. Maintain a social distance of 1.5 metres at all times.
6. Along with the required items to bring, please bring your own hand sanitiser, pen, food and water to ensure no sharing of equipment unless from the same household.
7. Remember your face mask.
8. Maintain hand and respiratory hygiene. Avoid touching shared surfaces and hand sanitise regularly.
9. At this point in time carpooling is not being organised for participants. Carpooling is currently discouraged.
10. You will need to fill out a short participant checklist on your arrival to confirm that you are well and not in a high-risk category. The link to this checklist or a printed form will be available on the day. The checklist is also available at **[www.vnpa.org.au/participant-checklist](http://www.vnpa.org.au/participant-checklist)**