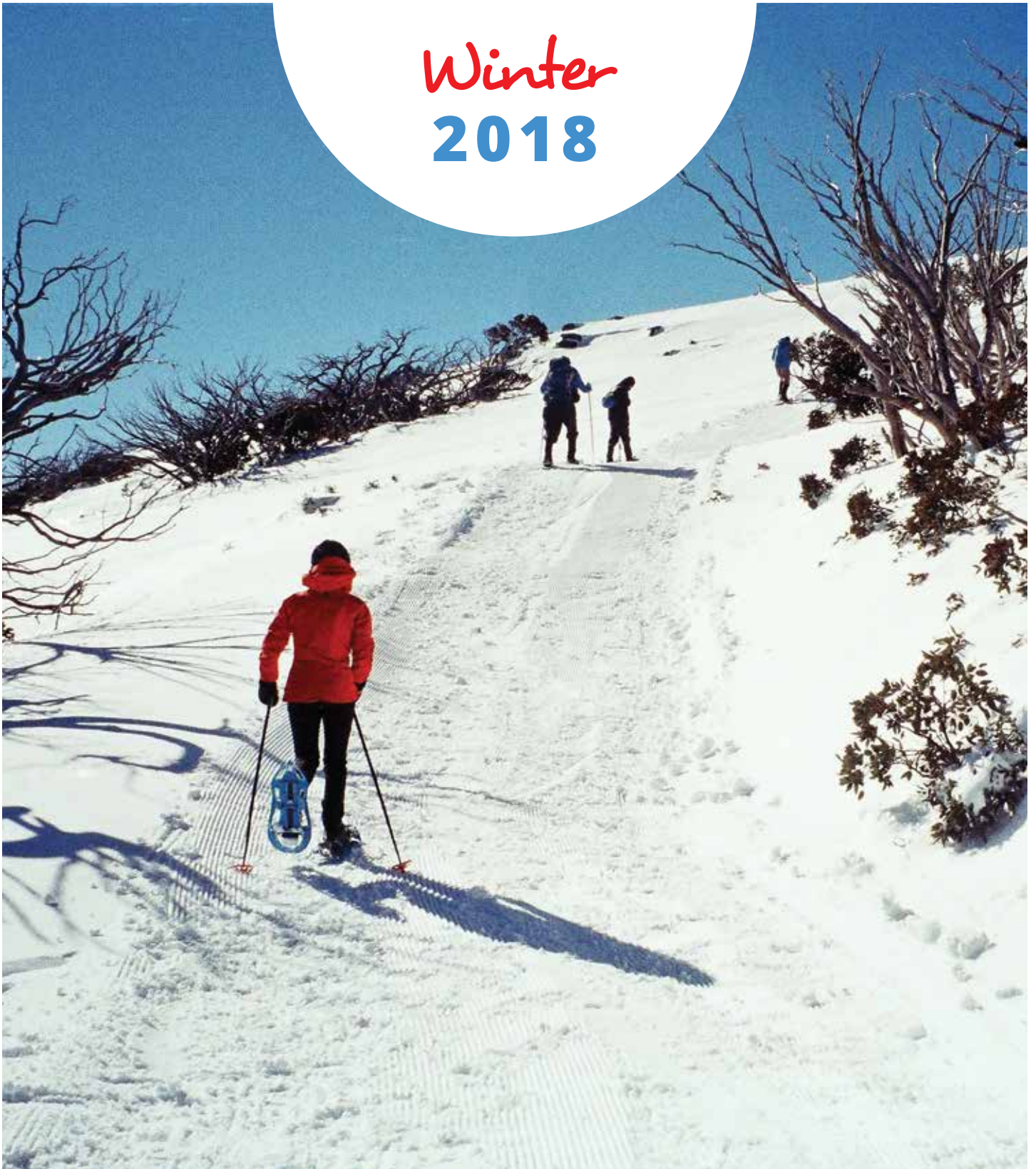


VNPA BUSHWALKING & ACTIVITIES PROGRAM

Winter
2018





BUSHWALKING AND ACTIVITIES PROGRAM WINTER 2018

In this Winter 2018 program you will find a great mix of activities to choose from including bushwalks and urban walks, excursions, camps and social nights.

Once you've had a read through the program and have found an activity or activities you're interested in, follow the steps below to make a booking.

HOW TO JOIN IN THE ACTIVITIES

BOOKING A WALK OR ACTIVITY

- Contact the activity leader about 2-3 weeks, but not more than one month, before the trip, unless early booking is indicated in the program. Leader phone numbers are generally home numbers and calls should be made in the evening on weeknights before 9:00pm or on weekends. Please remember that all leaders are volunteers.
- When booking, indicate your name, telephone number, personal emergency contact number, and whether you are interested in car sharing. If contacting a leader by email, put the email subject as "BWAG <walk name>"
- If you are unknown to the leader, s/he will discuss with you your fitness, equipment and experience to undertake the activity you have chosen, or they can recommend another activity that is more suited to your ability. Persons under 18 cannot be accepted unless accompanied by an adult.
- Leaders will not accept early bookings – it increases the chances of cancellations and it is unfair to those who follow the guidelines. Leaders will limit numbers on a trip to comply with our Minimal Impact Bushwalking Policy and safety considerations.
- Please read the Activity Descriptions table before booking a trip.
- Non-members are welcome on trips. They must be booked in with the leader and may attend three trips before it is necessary to join the VNPA.
- To book a NatureWatch activity, please email the NatureWatch Coordinator (christine@vnpa.org.au) and include your phone number. Bookings for NatureWatch activities can be made at any time.
- **Keep updated with activity changes by checking www.vnpa.org.au/adventures and subscribing to the VNPA monthly email update at www.vnpa.org.au/sign-up**

FEES

The activities leader will collect fees, with the money used to pay for general BWAG expenses. Attendance fees are:

	Adult	Child (U16)	Family
Member (per day)	\$5	\$2	\$10
Visitor (per day)	\$9	\$3	\$20
Annual Pass*	\$50	\$20	\$100

The fee for multi-day activities will not exceed a three day fee.

For Annual Pass info, visit www.vnpa.org.au/program

BOOT WASHING – DIEBACK THREAT

Dieback is caused by *Pytophthora cinnamomi*, a plant disease that lives in the soil. Clean your boots with a 70% methylated spirits/water solution immediately after completing your bushwalking activity.

VICTORIAN NATIONAL PARKS ASSOCIATION (VNPA)

The Victorian National Parks Association is Victoria's leading nature conservation organisation. It is an independent, non-profit, membership-based group that exists to protect Victoria's unique natural environment and biodiversity through the establishment and effective management of national parks, conservation reserves and other measures.

The Bushwalking and Activities Group (BWAG) is part of the VNPA and its committee of volunteers prepares and coordinates the activities in this program.

NatureWatch is a VNPA community engagement and citizen science program that brings together community groups, scientists and land managers to develop and manage projects that get volunteers out into the field monitoring native plants and animals.

BWAG CONTACTS

Convener: *Terese Dalman*

0413 234 130 vnabwag.convener@gmail.com

Program: *Ellen Finlay*

0425 705 353 vnabwag.program@gmail.com

Treasurer/Trip reports: *Rob Argent*

0417 502 191 vnabwag.treasurer@gmail.com

Victorian National Parks Association

Level 3, 60 Leicester St, Carlton VIC 3053

Ph: (03) 9341 6500, Fax: (03) 9347 5199

Email: vnpa@vnpa.org.au

Web: www.vnpa.org.au ABN 34 217 717 593



TRANSPORT

Trips are by private transport unless otherwise stated. Where possible, please try to share transport, as it cuts costs and fuel usage. The leader may arrange car pooling. The objective of our cost-sharing policy is for costs to be shared between all the occupants of the vehicle.

INSURANCE

VNPA has a package of community organisation insurance policies that covers a range of activities. Check the activities infopak at www.vnpa.org.au/program

Every person participating in a VNPA activity does so at his or her own risk in all respects and as such accepts full responsibility for his/her suitability, fitness and preparedness for the activity and for any injury to him/herself. The Association, its office bearers, organisers, leaders and helpers are absolved from any liability in respect of any injury, loss or damage suffered by the participant while engaged in any VNPA activity to the extent permitted by law. While incidents are rare, the great outdoors can throw up challenges. If an incident occurs, you should inform the activity leader and the VNPA office.

The VNPA has determined that overseas trips have significant risks and insurance costs to the VNPA and are outside the scope of the VNPA's geographical focus on Victoria. As such, overseas trips will no longer be offered under the auspice of the VNPA or BWAG and will not be covered by VNPA Insurance.

Participants of overseas trips, especially outdoors, are strongly encouraged to have appropriate personal travel insurance.

Humpback whale in Bass Strait. Photo by David Donnelly.

EMERGENCY CONTACTS

COORDINATOR

Adrianna Koutsofrigas Emergency Contacts Coordinator
0439 067 798 / vnabwag.ec@gmail.com

The (EC) notation after an activity title indicates that the emergency contact system is to be used. The leader will advise participants of the name and phone number of the selected contact. All participants should leave details of their trip, the expected time of return and the phone number of the contact with a relative or friend. Enquiries about the late return of people are to be directed to the contact. Do not ring the police. The names and phone numbers of emergency contacts are listed for relevant dates in the program. Direct any queries to the emergency contact coordinator.

2018 EMERGENCY CONTACTS

8 – 10 June	<i>Robyn Desnoy</i>	9528 2390
15 – 17 June	<i>Pat Witt</i>	9802 8914 / 0407 360 650
22 – 24 June	<i>Fred Gerardson</i>	9434 3078 / 0411 533 415
29 – 1 July	<i>Adrianna Koutsofrigas</i>	0439 067 798
6 – 8 July	<i>Sue Parkhill</i>	9510 4316 / 0432 413 442
13 – 15 July	<i>Adrianna Koutsofrigas</i>	0439 067 798
20 – 22 July	<i>Cheryl Mioch</i>	9397 7470 / 0412 743 866
27 – 29 July	<i>Robyn Desnoy</i>	9528 2390
3 – 5 August	<i>Ann Turner</i>	9878 3297 / 0425 732 384
10 – 12 August	<i>Lisa Sulinski</i>	9383 2321 / 0408 308 208
17 – 19 August	<i>Pat Witt</i>	9802 8914 / 0407 360 650
24 – 26 August	<i>Terese and Lawrie Dalman</i>	0413 234 130
31 – 2 September	<i>Rob Argent</i>	0417 502 191
7 – 9 September	<i>Kyle and Elizabeth Matheson</i>	0429 906 094
14 – 16 September	<i>Fred Gerardson</i>	9434 3078 / 0411 533 415
21 – 23 September	<i>Russell Bowey</i>	0417 328 651

ACTIVITY DESCRIPTIONS

GRADE	EASY	MEDIUM – May involve:	HARD – May involve:
Walk	<ul style="list-style-type: none"> on formed tracks terrain level or undulating pace relaxed 	<ul style="list-style-type: none"> some rough terrain, forest or road walking longer ascents or descents up to 6 hours walking in a day 	<ul style="list-style-type: none"> rough terrain rock scrambling steep sustained ascents or descents
Excursion	<ul style="list-style-type: none"> Bus trips to places of interest to members, including the option of an easy or medium grade walk (see 'easy walk' above) 	<ul style="list-style-type: none"> Bus trips to places of interest to members, including the option of an easy or medium grade walk (see 'medium walk' above) 	N/A
Walk, Talk & Gawk	<ul style="list-style-type: none"> Park visits/guided walks, with frequent stops for observation of significant features or ecology. 	N/A	N/A
Easy Going Amble	<ul style="list-style-type: none"> Slow-as-you go strolls with rests along the way still enjoying the great outdoors 	N/A	N/A
Canoe Kayaking	<ul style="list-style-type: none"> slow-flowing rivers a good command of basic strokes required 'beginner' trips assume no experience 	<ul style="list-style-type: none"> moderately flowing rivers small rapids requiring some manoeuvring route generally easy to recognise 	<ul style="list-style-type: none"> Level 1 rapids longer days, sustained paddling required manoeuvring in faster flowing water
Cycle	<ul style="list-style-type: none"> up to 40km/day bitumen roads few hills no steep grades 	<ul style="list-style-type: none"> up to 50km/day in hilly country or 70km/day in flat country short stretches of dirt road 	<ul style="list-style-type: none"> sustained stretches on dirt roads up to 60km/day in hilly country or 80km/day on the flat
Ski Snowshoe (day)	<ul style="list-style-type: none"> up to 5hr/day mainly groomed trails limited experience is assumed 	<ul style="list-style-type: none"> up to 7hr/day ability to snow plough and stop moderate slopes and off-trail 	<ul style="list-style-type: none"> 7hr/day or more off trail, steep slopes, all snow conditions competent in poor weather
Ski Snowshoe (overnight)	<ul style="list-style-type: none"> able to snow plough and stop with a daypack overnight backpack camping experience 	<ul style="list-style-type: none"> ability to ski gentle slopes with a full pack snowcamping experience desirable 	<ul style="list-style-type: none"> moderate slopes in all snow conditions with a full pack snowcamping experience in all conditions

You can use the descriptions above to decide whether you can complete a proposed activity enjoyably and with little risk.

If you are inexperienced, you would be expected to progress through the grades, doing day walks before attempting overnight pack-carrying walks.

You should discuss any doubts about your abilities with the activity leader. In some cases gradings are combined, e.g. easy/medium or medium/hard.

ACTIVITY ICONS



Bushwalk



Walk, Talk & Gawk



Urban Walk/Activity



Easy Going Amble



Overnight/
Multi-day



Conservation Activity
or Event/Training



Social/Presentation



Excursion



Public Transport



U35



Family



Ski/Snowshoe



Kayak/Canoe



Cycling



4WD



9-11 Jun (long)

Grampians National Park (EC)

Medium/Hard/Exploratory 27km
Limit 6 | 275km NW Melb
Taariq Hassan taariq.music@gmail.com



Amendment: Due to very dry conditions, this walk will now be conducted as a series of day walks. We will stay at the Hall's Gap YHA on Friday, Saturday and Sunday nights. Walkers will need to book their own beds – advance YHA bookings are necessary. Further details regarding the walks to be announced. The Fortress/Mt Thackeray overnight hike will be rescheduled for spring 2018.

9-11 Jun (long)

Hattah weed mapping (EC)

Medium | Limit 25 | 450km NW Melb
Euan Moore 5472 1572 / 0407 519 091
calamanthus5@bigpond.com



Volunteer activity working with Mallee CMA and PV rangers mapping high priority weeds in the Hattah-Kulkyne NP. There will be two days of off-track walking, following set routes using a GPS (training provided). Monday morning we will do a short walk to enjoy this great national park. Travel from Melbourne on Friday. Camping at Lake Mournpall.

9-11 Jun (long)

Queen's Birthday Prom circuit (EC)

Medium 42km | Limit 6 | 235km SE Melb
Deb Henry 0409 338 182
debhenry@debsta.net.au



The snow never arrives on the Queen's Birthday long weekend, so come walking at the Prom instead. We will do the southern circuit. If you would like to step up to multiple nights out, then this could be the trip for you to go further than one night out under the stars.

11 Jun (Mon)

West Gate Park

Easy 6km | Limit 20
Ruth Stirling 9699 7225 / 0418 245 151



The Friends of West Gate Park have done extensive planting in a new area downstream. Meet at The Age building, corner Collins and Spencer Street at 11am. We will take the bus to WGP. BYO lunch. Finish at Station Pier and tram 109.

13 Jun (Wed)

Social Night: Shore birds of Victoria with Jonathon Stevenson

VNPA 9341 6500
vnnpabwag.social@gmail.com



Parks Victoria ranger, Jonathon Stevenson, will put on his bird nerd hat and speak about the wonderful variety of coastal birdlife in Victoria. From Hooded Plovers to Oyster Catchers, Jono will share his enthusiasm for all things feathered. Do you know your coastal birds? Come and let Jonathon expand your horizons. 60 Leicester St, Carlton. Doors will open at 6:30pm for a 7:30pm start. Entry \$2. Tea, coffee, wine and biscuits provided.

16 Jun (Sat)

Excursion by coach: Euroa

Easy 7km | Limit 57 | 148km NE Melb
Bookings: Larysa Kucan 93473733
Leader: Sue Parkhill



This excursion will centre on Euroa, north east of Melbourne in the Strathbogie municipality, half way between Benalla and Seymour. After a morning tea stop, we will explore the town which has a colourful history, including a bank that was robbed by Ned Kelly, the famous bush ranger. We will also walk the Sevens Creeks Trail.

16 Jun (Sat)

Seville to Lilydale

Easy/Medium 14km | Limit 16 | 45km E Melb
Cheryl Mioch 9397 7470 / 0412 743 866
cherylmioch@bigpond.com



Train or car to Lilydale, then bus to Seville. Then walking the gentle, winding tree-lined track back to Lilydale.

18 Jun (Mon)

Scotchmans Creek

Easy 5km | Limit 15 | 18km SE Melb
Julie Hunt 9568 7515
hunt.jm@bigpond.com



Who was the Scotchman and why was Oakleigh originally in Chadstone? This is a history/linear park walk, looping from Oakleigh railway station to the wetlands on the Scotchmans Creek Trail. Finishing in a Greek cake shop!

23 June (Sat)

NatureWatch Caught on Camera in Wombat State Forest

Easy | Limit 8 | 100 km NW Melb
VNPA NatureWatch 9341 6500
naturewatch@vnpa.org.au



There are lots of upcoming opportunities to learn about and assist in setting up motion sensing cameras at monitoring sites in Wombat State Forest near Trentham. This long-term project, running since 2012, is addressing the impact of fire on mammals in Wombat State Forest. More details on registration. Registration required.

View from Mount McKay. Photo taken by Tim Connors (Flickr CC) on a Melbourne Nordic Ski Club trip.

23 Jun (Sat)

Doncaster to East Kew

Easy/Medium 14km | Limit 16 | 10km E Melb
Glenn King 0448 816 504



We will start from Doncaster Shopping Centre (various buses available) and walk to East Kew, loosely following the proposed rail line (100 years ago) through local parks and reserves.

25 Jun (Mon)

Caulfield Racecourse Reserve

Easy 6km | Limit 20 | 13km SE Melb
Sue Parkhill 0432 413 442 / 9510 4316



Meet at 1pm on the racecourse side of Caulfield Station. The Caulfield Racecourse Reserve is exactly that – a lovely public park with all the usual facilities. BBQ and picnic area, small sports ground, walking track, fishing lake and boardwalk – right smack in the middle of Caulfield Racecourse.

28 Jun (Thu)

U35 Social Night

Contact: Eva Klusacek
U35 Social vnpau35@gmail.com



Hear about our recent walks, catch up with those you've walked with before, or make new friends to walk with in the future! Dinners are a very informal way to meet others under 35 (more or less) who are interested in bushwalking. Details and contact information for the host will be posted to the U35 email and Meetup list. RSVP essential.

30 Jun (Sat)

Gunamatta to Cape Schanck (EC)

Medium 16km | Limit 16 | 100km S Melb
Louise Prendergast 9826 0037
lprendergast2009@hotmail.com



A winter coastal walk that has it all – beach walking, sand dunes, rock pools and a lighthouse. This walk includes a cardiac workout – over 400 steps each way to Fingal Beach for morning tea. Lunch at Cape Schanck.

2 Jul – 15 Jul (school holidays)

Wild Families

Anytime, anywhere.
Activities at www.vnpa.org.au/wild-families



These school holidays take a family adventure with one of our Wild Families activity sheets. You could visit a waterway and play waterway spotto, follow our tips on birdwatching or do an 'alphabet walk'. The activities can be done on adventures in most places. See www.vnpa.org.au/wild-families for plenty of opportunities for family nature fun.

6 Jul – 8 Jul (w/e)

Project Hindmarsh 2018

Easy | 420km W Melb
Jonathan Starks, Hindmarsh Landcare Facilitator
0429 006 936 hln@hindmarshlandcare.org.au



This year's annual planting event will be based at Kaniva. We will be planting 12,000 trees, shrubs, herbs and grasses on a 13 hectare property. Register at www.hindmarshlandcare.org.au. A bus from Melbourne (cost \$60 per person) will be available if sufficient demand. Register your interest in the bus to: jstarks@hindmarshlandcare.org.au

7 Jul (Sat)

Alphington – Wattle Park

Easy/Medium 12km | Limit 15 | 10km NE Melb
Glenn King 0448 816 504



Starting at Alphington railway station, we walk to the Darebin Yarra Trail Link, to the Outer Circle Trail, to Camberwell railway station.

7 Jul (Sat)

Lillydale Lake walk and op shop

Easy 9km | Limit 14 | 41km E Melb
Cheryl Mioch 9397 7470 / 0412 743 866
cherylmioch@bigpond.com



Starting at Lillydale station – walking around the lake and back to look at some op shops. Finishing near public transport.

8 Jul (Sun)

U35 Mt Dandenong Circuit

Medium/Hard 16km | Limit 10 | 47km E Melb
Eva Klusacek 0423 053 318 eklusacek@hotmail.com



Explore the area around Mt Dandenong, including the summit. The forest and tree fern-lined tracks make this a great walk.



7-8 Jul (w/e)

Lyre Bird count at Kinglake (base camp)

Easy | 46km NE Melb
Philip Sharp 0448 838 055 / 9434 5769
sharpstick2011@hotmail.com



Some birds survived the fires at Kinglake National Park over nine years ago, but repopulation is taking time and needs monitoring. Starts Kinglake Information Centre mid afternoon. Shelter for camping is in a heated shed nearby. Toilets/parking spaces available. Dinner: BYO or nearby pub. Sunday survey starts 15min before dawn, completed within an hour. Free cooked breakfast. A walk will be offered (weather dependent).

9 Jul (Mon)

Toorak and South Yarra

Easy 6km | Limit 20
Ruth Stirling 9699 7225 / 0418 245 151



BYO lunch to Rockley Gardens on Toorak Road at midday. After lunch, we will walk the beautiful streets of Toorak and finish in Trak Village for afternoon tea.

14 July (Sat)

NatureWatch Caught on Camera in Wombat State Forest

Easy | Limit 8 | 100 km NW Melb
VNPA NatureWatch 9341 6500
naturewatch@vnpa.org.au



There are lots of upcoming opportunities to learn about and assist in setting up motion sensing cameras at monitoring sites in Wombat State Forest near Trentham. This long-term project, running since 2012, is addressing the impact of fire on mammals in Wombat State Forest. More details on registration. Registration required.

14 Jul (Sat)

Easy Going Amble: Treasury and Fitzroy Gardens

Easy 5km | Limit 15
Geoff Durham 9523 5559



Revive yourself – with a walk in the park. An exploration of these grand gardens including the Banksia Award winning redevelopment. Optional lunch/coffee.

15 Jul (Sun)

Grow West Community Planting Day 2018

65km W Melb
Emma Muir, Grow West Coordinator
0437 195 511 emma.muir@ppwcma.vic.gov.au



This year's annual planting day will be held at Sheoak Hill, a 552ha former cropping and grazing property, with the goal to re-establish a link between Brisbane Ranges National Park and Werribee Gorge State Park. 9.30am-4pm, Telford Park, at Sheoak Hill, 1216 Glenmore, Rd, Glenmore. Lunch and refreshments provided (BYO cup and plate). Details and registration: www.growwest.com.au

21 Jul (Sat)

Excursion by coach: Wonthaggi and Inverloch

Easy 6km | Limit 57 | 143km SE Melb
Bookings: Larysa Kucan 93473733
Leader: Ruth Stirling



For our mid-winter excursion, we will travel southwest into beautiful Gippsland. After a stop at Korumburra, we will travel through the rolling hills through Leongatha, Inverloch and stop at Wonthaggi for lunch. The main attraction is the Victorian Desalination Project. We will explore the coastal reserves, which contain 8km of trails, a bird hide, viewing decks, boardwalks and picnic shelters.

21 Jul (Sat)

Lysterfield Park

Medium 16km | Limit 16 | 40km E Melb
Louise Prendergast 9826 0037
lprendergast2009@hotmail.com



Setting off from Lysterfield Lake we explore trails up to the trig point, across to the granite boulders, before returning via the lake circuit. A chance to see varying birdlife, kangaroos and other animals.

23 Jul (Mon)

Rushall to Coburg

Easy 8km | Limit 20 | 5km N Melb
Sue Parkhill 0432 413 442 / 9510 4316



Meet 1pm at Rushall railway station. We will walk upstream along the Merri Creek Trail, finishing near Coburg railway station. The trail closely follows the creek past wetlands and CERES Environmental Park.

26 Jul (Thu)

U35 Social night

Contact: Eva Klusacek
U35 Social vnpu35@gmail.com



Hear about our recent walks, catch up with those you've walked with before, or make new friends to walk with in the future! Dinners are a very informal way to meet others under 35 (more or less) who are interested in bushwalking. Details and contact information for the host will be posted to the U35 email and Meetup list. RSVP essential.

Dargo River. Photo by Taariq Hassan.

29 July (Sun)

Bunyip State Park – Black Snake Loop (EC)

Easy/Medium 14km | Limit 15 | 60km E Melb
Darren McClelland 0449 167 776
darrenmcclelland@gmail.com



Bunyip State Park is located on the eastern side of the Dandenongs. Parks Victoria are doing an outstanding job of controlling the trail bikes, thereby opening up many opportunities for walking in this beautiful park. This loop walk is in the vicinity of Black Snake Road, taking in Russells Track and a number of 4WD tracks.

28-29 Jul (w/e)

Mt Stirling snow camp / XC ski weekend (EC)

Medium 15km | Limit 6 | 300km NE Melb
Taariq Hassan taariq.music@gmail.com



Snow weekend at Mt Stirling. Friday night camp at Carter's Rd. Saturday, carpool to Telephone Box Junction. Pack carry in snow shoes or ski skin to Bluff Spur Hut to snow camp. Without heavy packs we'll ski the upper trails and summit. Sunday a quick ski sans pack before heading back to TBJ. Learner back country XC skiers and novice snow campers are welcome, if they have the gear and basic skills. Non-skiers can snow shoe.

4 Aug (Sat)

Mt Dandenong – Mt Evelyn

Easy/Medium 12km | Limit 15 | 35km E Melb
Glenn King 0448 816 504



From Croydon railway station, by the 688 bus, we travel past Mt Dandenong and Kalorama Park to Mt Evelyn Reserve, where we take the 679 bus to Ringwood railway station.

4 Aug (Sat)

You Yangs

Medium 15km | Limit 14 | 68km W Melb
Cheryl Mioch 9397 7470 / 0412 743 866
cherylmioch@bigpond.com



A full days walk – up to Federation Peak and then around the base of the You Yangs.

8 Aug (Wed)

Social night: TBA

VNPA 9341 6500
vnnpabwag.social@gmail.com



Refer to the BWAG activities page of the VNPA website for updates www.vnpa.org.au/adventures. Venue: 60 Leicester St Carlton. Doors will open at 6:30pm for a 7:30pm start. Entry \$2. Tea, coffee, wine and biscuits provided.

11 Aug (Sat)

Two sides to a peninsula

Medium/Hard 19km | Limit 18 | 100km SE Melb
Anna van Tatenhove 0433 842 410
annavt62@gmail.com



Taking in parts of two iconic walking trails – The Coastal Trail and The Bay Trail – this is a great opportunity to see both sides of the Mornington Peninsula. Along the back beaches of Sorrento and Portsea, we make our way to London Bridge. Taking in the 'Millionaires Walk', we return via the front beaches of Portsea and Sorrento, with their many beautiful piers, boathouses and private jetties. Some beach walking.

11 Aug (Sat)

Easy Going Amble: Valley Lake and Spring Gully Reserve

Easy 5km | Limit 15 | 16km NW Melb
Geoff Durham 9523 5559



For optimal health, we need to move. A stroll along Steele Creek at Niddrie to Valley Lake in an old basalt quarry with organ-pipe formations. Optional lunch/coffee.

12 Aug (Sun)

U35 Point Cook Coastal Park

Easy 8.5km | Limit 10 | 28km SW Melb
Eva Klusacek 0423 053 318
eklusacek@hotmail.com



Explore the flat coastal area in Melbourne's west, and maybe even do a bit of birdwatching.

13 Aug (Mon)

Eltham

Easy 10km | Limit 20
Sue Parkhill 0432 413 442 / 9510 4316



Meet 11am at Eltham railway station. The walk will take us through the lovely green, but hilly, streets of Eltham. There are many small parks along the way including two that are habitats for the threatened Copper Butterfly.



16 Aug (Thu)

Warrandyte State Park nursery and Pound Bend

Medium 6km | Limit 15 | 28km NE Melb
Ken Crook 9844 0106



An opportunity to meet the Friends of Warrandyte State Park (FOWSP) volunteers, view the indigenous nursery, 'Frogland' and the 'Pollinator Garden'. Afterwards, we will walk around Pound Bend where the wattles will be at their beautiful best. Finish with coffee at a local café.

18 Aug (Sat)

Sandringham to Rickets Point and back

Easy/Medium 14km | Limit 14 | 20km S Melb
Cheryl Mioch 9397 7470 / 0412 743 866
cherylmioch@bigpond.com



Along the shoreline of Port Phillip Bay and back again. Beginning and ending near public transport.

18 Aug (Sat)

Excursion by coach: Banool and Gellibrand

Easy 6km | Limit 57 | 137km SW Melb
Bookings: Larysa Kucan 93473733
Leader: Glenn King



After a morning tea stop at Winchelsea, we will travel to Banool to walk a segment of the historic Beechy Rail Trail. Lunch will be in Gellibrand. After exploring the township, we will travel to Birregurra where we will visit Tarndie Heritage Sheep Farm.

18-19 Aug (w/e)

Alpine National Park: JB Hut snow camp / XC ski weekend (EC)

Medium 20km | Limit 6 | 350km NE Melb
Taariq Hassan taariq.music@gmail.com



Weekend in the Dinner Plain area. Friday night option to camp near Freeburgh. Saturday, meet in Harriettville and car pool to Mt Hotham and JB Plain, to establish a snow camp near JB Hut. XC ski the marked trail up towards Wire Plain shelter on Saturday, and a quick XC ski around JB Plain on Sunday, before packing up and driving home. Snow camping and back country XC ski experience is preferred. Non-skiers can snow shoe.

20 Aug (Mon)

My local area

Easy 6km | Limit 20
Ruth Stirling 9699 7225 / 0418 245 151



Meet at 1pm at Beach Street, Port Melbourne, stop 129, tram 109. Walk along the coast then inland through historic Albert Park, Gasworks Park, St Vincent Garden and a coffee shop. A choice of trams back to the city.

23 Aug (Thu)

U35 Social Night

Contact: Eva Klusacek
U35 Social vnpau35@gmail.com



Hear about our recent walks, catch up with those you've walked with before, or make new friends to walk with in the future! Dinners are a very informal way to meet others under 35 (more or less) who are interested in bushwalking. Details and contact information for the host will be posted to the U35 email and Meetup list. RSVP essential.

26 Aug (Sun)

Anglesea to Point Addis and return

Medium 18km | Limit 16 | 100km SW Melb
Louise Prendergast 9826 0037
lprendergast2009@hotmail.com



We follow the coastal track from Anglesea to Point Addis and Iron Bark Basin, exploring the Koori cultural area. Great views are to be had from the coastal path. There may be some beach walking depending upon the tides. Some short step sections.

1 Sep (Sat)

Malmsbury

Easy/Medium 15km | Limit 15 | 80km NW Melb
Mark Learmonth 9807 7506 (H)



Malmsbury is a smallish town in the goldfields region of Victoria. This walk will be partly historical, partly geological, partly scenic locations and, hopefully, partly wildflowers, including orchids. The train ride to the town is also enjoyable.

8 Sep (Sat)

Gardiner - Wattle Park

Easy/Medium 12km | Limit 15 | 15km E Melb
Glenn King 0448 816 504



From Gardiner railway station we follow the Gardiner Creek Trail to Deakin University. We cross over to Wattle Park where there is the 70 tram to the city or the 903 bus.

Crosscut Saw from Mt Speculation. Photo by Tim Forcey.

8 Sep (Sat)

Easy Going Amble: Edithvale to Seaford Wetlands

Easy 5km | Limit 15 | 35km S Melb
Geoff Durham 9523 5559



Legs were made for walking, air was made for breathing. Listed under the Ramsar Convention in recognition of their international importance, the wetlands are the last remaining examples of the once extensive Carrum Carrum Swamp. Bring your binoculars.

9 Sep (Sun)

U35 Cranbourne Botanic Gardens

Easy 8km | Limit 15 | 54km SE Melb
Eva Klusacek 0423 053 318
eklusacek@hotmail.com



Walk through the Australian Garden, Woodlands and Wetlands Area. The garden is a significant site for biodiversity conservation with many species of native plants. If we're lucky, we may even see and hear some of its mammal and amphibian residents.

9 Sep (Sun)

Cherokee – Lions Head (EC)

Easy/Medium 14km | Limit 15 | 70km NW Melb
Darren McClelland 0449 167 776
darrenmcclelland@gmail.com



This walk takes in the eastern end of the Macedon Ranges. We commence the walk in the quiet hamlet of Cherokee then ascend the range on a quiet 4WD track, reaching Lions Head, the eastern summit.

10 Sep (Mon)

Castlemaine

Easy 6km | Limit 20 | 130km NW Melb
Ruth Stirling 9699 7225 / 0418 245 151



A big day out. Bendigo line from Southern Cross, departing 9.14am and arriving at 10.46am. Time to chat! On arrival, we will be led by well-known VNPA locals. Train home departing 3.47pm, arriving at Southern Cross at 5.25pm.

12 Sep (Wed)

Social Night: Recycle and sustainability

VNPA 9341 6500
vnabwag.social@gmail.com



Come and hear Kelvin Agg speak about the recycle program that helps you keep all those consumer plastics that you collect from winding up in land fill. Kelvin will explain how manufacturers, retailers and consumers can share responsibility for creating a sustainable future. 60 Leicester St, Carlton. Doors will open at 6:30pm for a 7:30pm start. Entry \$2. Tea, coffee, wine and biscuits provided.

15 Sep (Sat)

Excursion by coach: Corinella and The Gurdies

Easy 5km | Limit 57 | 114km SE Melb
Bookings: Larysa Kucan 93473733
Leader: Larysa Kucan



The Gurdies Flora and Fauna Reserve represents some of the largest remaining areas of native vegetation on the eastern shore of Western Port Bay. Being spring, expect to see an abundance of wildflowers. Discovered by George Bass in 1798 Western Port became a very busy harbour and by the early 1800s Corinella was settled. This will be our destination for lunch and a coastal walk.

15 Sep (Sat)

Watsonia weeds and wildflowers

Easy 15km | Limit 15 | 100km SE Melb
Philip Sharp 0448 838 055
sharpstick2011@hotmail.com



Spring will have sprung so we should get a good showing of both weeds and wildflowers. Departing from the new Rosanna railway station. Taking in Gresswell forest, Springthorpe and the views from Mt Cooper. Terminating at another railway station or tram terminus.

15 Sep (Sat)

Dandenongs ramble

Medium 21km | Limit 18 | 45km E Melb
Anna van Tatenhove 0433 842 410
annavt62@gmail.com



From Belgrave railway station, we make our way under the Puffing Billy Trestle Bridge to Paddy Track. We will walk to Grants Picnic Ground for morning tea before taking in the delights of both Pirianda and Alfred Nicholas Gardens. We will return to Belgrave station via the Hillclimb Track.

17 Sep (Mon)

Secrets of St Kilda

Easy 5km | Limit 15 | 7km S Melb
Julie Hunt 9568 7515
hunt.jm@bigpond.com



St Kilda has a colourful past and present, as shown in its buildings and reserves. This is a repeat of the original St Kilda walk from 2012.



22 Sep (Sat)

Anglesea circuit in springtime

Medium 16km | Limit 16 | 100km SW Melb
Louise Prendergast 9826 0037
prendergast2009@hotmail.com



A springtime circuit walk around Anglesea. We will explore the coastline, the heathlands, and the river with time to stop and look for springtime wildflowers.

24 Sep (Mon)

Footscray

Easy 8km | Limit 20
Sue Parkhill 0432 413 442 / 9510 4316



Meet at 1pm on the Maribyrnong River side of the Footscray railway station, at the foot of the overhead walkway. We will walk to the river – lots of development going on – past the Heavenly Queen Temple, wetlands and Pipemakers Park. We'll finish at Highpoint Shopping Centre, for coffee and buses back to Footscray station.

27 Sep (Thu)

U35 Social Night

Contact: Eva Klusacek
U35 Social vnpau35@gmail.com



Hear about our recent walks, catch up with those you've walked with before, or make new friends to walk with in the future! Dinners are a very informal way to meet others under 35 (more or less) who are interested in bushwalking. Details and contact information for the host will be posted to the U35 email and Meetup list. RSVP essential.

Upcoming events in the Bushwalking and Activities Program Spring 2018

5 Oct (Fri)

Shrine of Remembrance – Royal Botanic Gardens

Easy 5km | Ken Crook

21 Oct (Sun)

Mt Buninyong

Medium 15km | Louise Prendergast

22 Oct (Mon)

Ashburton

Easy 8km | Sue Parkhill

TBA – October (Seniors Week)

Anglesea

Easy 5km | Ruth Stirling

12 Nov (Mon)

Alphington to Kew

Easy 8km | Ruth Stirling

26 Nov (Mon)

Latrobe University

Easy 10km | Sue Parkhill

10 Dec (Mon)

Westward ho!

Easy 12km | Ruth Stirling

17 Dec (Mon)

Dandenong

Easy 10km | Sue Parkhill

Put these future events into your calendar, but note bookings will only open one month before the activity dates. More details in the Spring 2018 program.

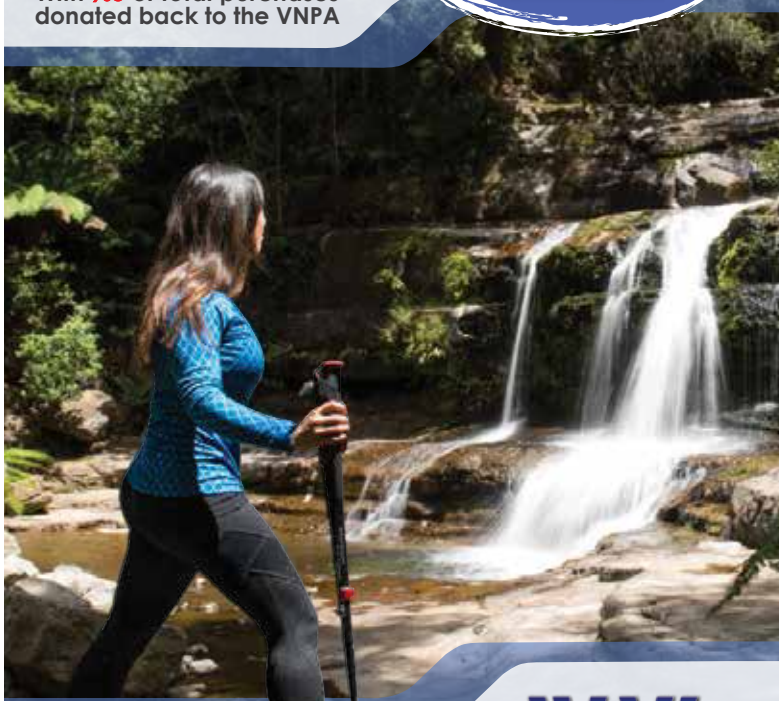
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INDEX

Mt St Gwinear summit. Photo by Mary Ferlin.



Crook, Ken 9844 0106

- 8 Warrandyte State Park nursery and Pound Bend



Durham, Geoff 9523 5559

- 6 Easy Going Amble: Treasury and Fitzroy Gardens
- 7 Easy Going Amble: Valley Lake and Spring Gully Reserve
- 9 Easy Going Amble: Edithvale to Seaford Wetlands



Hassan, Taariq taariq.music@gmail.com

- 4 Grampians NP (EC)
- 7 Mt Stirling snow camp / XC ski weekend (EC)
- 8 Alpine NP: JB Hut snow camp / XC ski weekend (EC)

Henry, Deb 0409 338 182

- 4 Queen's Birthday Prom circuit (EC)

Hunt, Julie 9568 7515

- 4 Scotchmans Creek
- 9 Secrets of St Kilda



King, Glenn 0448 816 504

- 5 Doncaster to East Kew
- 5 Alphington – Wattle Park
- 7 Mt Dandenong – Mt Evelyn
- 8 Gardiner – Wattle Park

Klusacek, Eva 0423 053 318

- 5 U35 Mt Dandenong Circuit
- 7 U35 Point Cook Coastal Park
- 9 U35 Cranbourne Botanic Gardens

Kucan, Larysa 93473733

- 4 Excursion by coach: Euroa
- 6 Excursion by coach: Wonthaggi and Inverloch
- 8 Excursion by coach: Banool and Gellibrand
- 9 Excursion by coach: Corinella and The Gurdies



Learmonth, Mark 9807 7506 (H)

- 8 Malmsbury



McClelland, Darren 0449 167 776

- 7 Bunyip State Park – Black Snake Loop (EC)
- 9 Cherokee – Lions Head

Mioch, Cheryl 9397 7470 / 0412 743 866

- 4 Seville to Lilydale
- 5 Lillydale Lake walk and op shop
- 7 You Yangs
- 8 Sandringham to Ricketts Point and back

Moore, Euan 5472 1572 / 0407 519 091

- 4 Hattah weed mapping (EC)

Muir, Emma 0437 195 511

- 6 Grow West Community Planting Day 2018



Parkhill, Sue 0432 413 / 442 9510 4316

- 5 Caulfield Racecourse Reserve
- 6 Rushall to Coburg
- 7 Eltham
- 10 Footscray

Prendergast, Louise 9826 0037

- 5 Gunamatta to Cape Schanck (EC)
- 6 Lysterfield Park
- 8 Anglesea to Point Addis and return
- 10 Anglesea circuit in springtime



Sharp, Philip 0448 838 055

- 6 Lyre Bird count at Kinglake (base camp)
- 9 Watsonia weeds and wildflowers

Social, U35

- 5 U35 Social Night
- 6 U35 Social Night
- 8 U35 Social Night
- 10 U35 Social Night

Starks, Jonathan 0429 006 936

- 5 Project Hindmarsh 2018

Stirling, Ruth 9699 7225 / 0418 245 151

- 4 West Gate Park
- 6 Toorak and South Yarra
- 8 My local area
- 9 Castlemaine



van Tatenhove, Anna 0433 842 410

- 7 Two sides to a peninsula
- 9 Dandenongs ramble

VNPA 9341 6500

- 4 Social Night: Shore birds of Victoria with Jonathon Stevenson
- 4 NatureWatch Caught on Camera in Wombat State Forest
- 5 Wild Families
- 6 NatureWatch Caught on Camera in Wombat State Forest
- 7 Social Night: TBA
- 9 Social Night: Redcycle and sustainability

LEADER PROFILE

Deb Henry

I started my interest in outdoor adventure in 1983 as a member of Melbourne University Mountaineering Club (MUMC), and was immediately hooked into weekend exploration. Since then I have been a member of many outdoor groups, from adventure to environmental, and sit on way too many committees!

What is your involvement with BWAG?

I'm on the BWAG committee, organise the social night presentations, represent BWAG on the VNPA council and on the Governance Policy and Legal committee, and of course, am a BWAG leader.

Why did you become a BWAG Leader?

After leading for other groups and also organising many private trips with friends, it seemed like a logical progression. It's also great way to plan where you are going so you have the opportunity to get to places that you have always wanted to visit.



What do you like most about being a BWAG leader?

Besides the chance for me to escape into the wilderness, helping other people to escape into the wilderness.

Which activity is your favourite as a leader?

Overnight walking, particularly extended trips, because it allows a small group of people to come together and bond over nature, adventure and emerging friendships.

Why would you encourage someone to come join an activity?

Because it allows a small group of people to come together and bond over nature, adventure and emerging friendships! Sorry to repeat myself, but nature does give us such a wonderful chance to have life-changing experiences outside our usual urban environment.

Why would you encourage someone to become a BWAG leader?

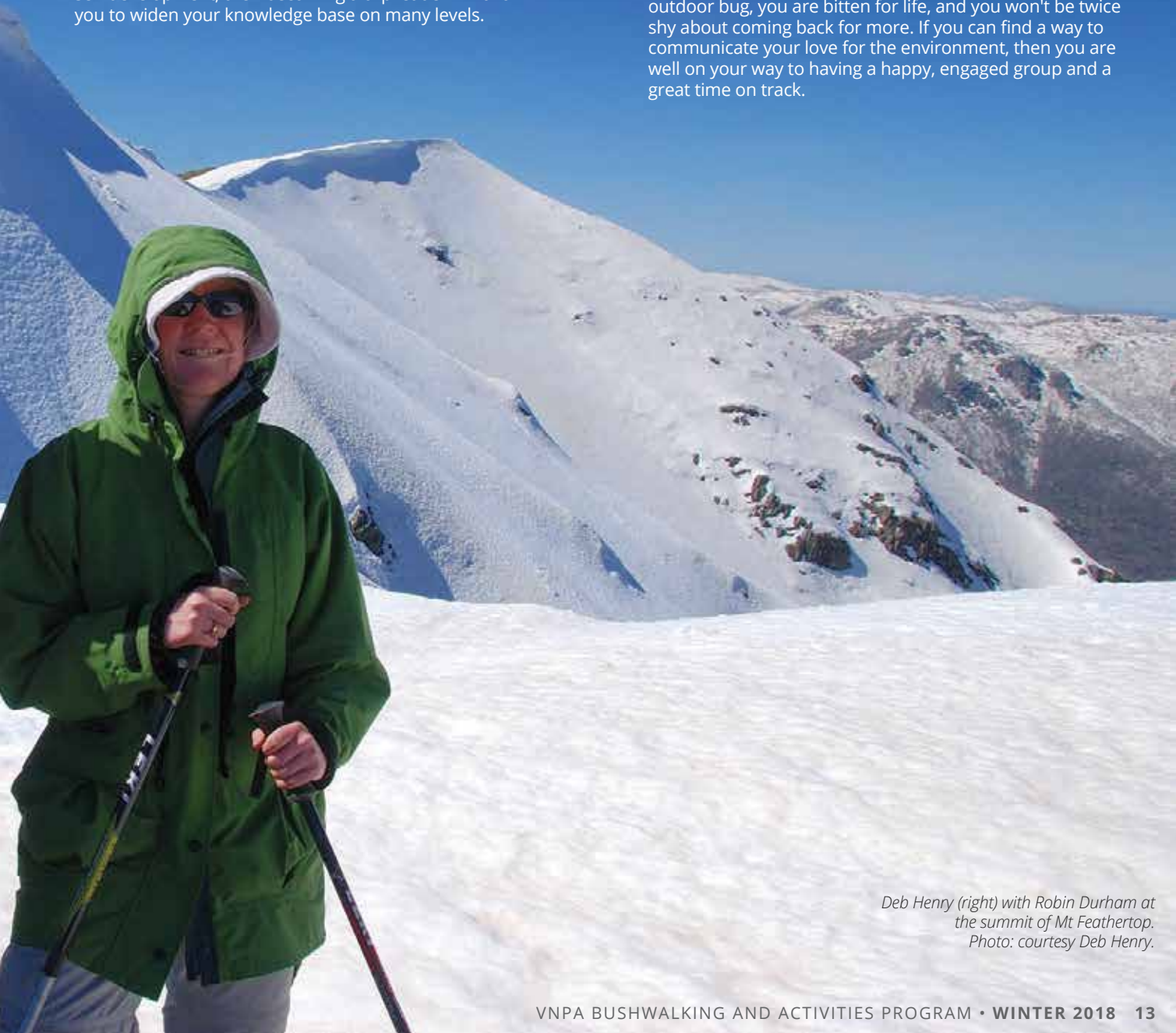
Being a trip leader allows you to learn so many different skills: first aid, navigation, route planning, people management, food preparation, botany, bird watching, weather prediction, etc. If you are into learning and self-development, then becoming a trip leader will allow you to widen your knowledge base on many levels.

What words of advice would you give other potential BWAG leaders?

The leadership role can be challenging, as any trip leader will tell you. Sometimes trips don't go to plan. As leader, you will have responsibility for the safety of the group and overall success of the trip. It's easy to freak out over this, but don't! I have found that after a few leads, a personal leadership style begins to develop. Once you understand what your formal responsibilities are, then you can begin to see how you relate to your group. Will you lead from up front or the middle of the group? Are you the strong gung-ho type, the nurturing type, or the educator? You will find your level after some experience, so look upon each trip as a learning opportunity. Encourage your group to enjoy their surrounds and the company of one another.

Final words of wisdom?

I have always believed that landscape is an entity in its own right. I am drawn to stories where landscape is represented as a main character. If you can find a way to share your enthusiasm for the wilderness and its ongoing importance to your group, then you are planting an important seed for future trip participants and leaders. Giving people a reason to come on another trip is one of my goals as trip leader. From personal experience, I believe that once you catch the outdoor bug, you are bitten for life, and you won't be twice shy about coming back for more. If you can find a way to communicate your love for the environment, then you are well on your way to having a happy, engaged group and a great time on track.



*Deb Henry (right) with Robin Durham at the summit of Mt Feathertop.
Photo: courtesy Deb Henry.*



REMINDER TO LEADERS

Is your membership up to date?

Leaders are reminded to ensure
that their VNPA membership is current.

VNPA has volunteer personal accident insurance
and public liability insurance.

Check the BWAG Infopack:
www.vnpa.org.au/program

Become a BWAG Leader

Benefits of becoming a BWAG Leader:

- Investing in the VNPA
and the natural environment
- Building self-confidence and developing
leadership and organisational skills
- Sharing experiences with like-minded people
- Satisfaction from facilitating a great
outdoor experience

For further information,
contact the BWAG Committee:

vnabwag.convener@gmail.com

vnabwag.program@gmail.com

vnabwag.secretary@gmail.com

vnabwag.treasurer@gmail.com



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Authorised by Matt Ruchel, Executive Director, Victorian National Parks Association.

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